

EVERGREEN NURSERY

Sweet + Sour Chicken

Chicken Breast

6 Carrots

2 Bell Peppers

1 onion ~~med~~ Large

1 Can Chunks Pineapple Drained
15 oz

1 Jar Kikkoman Sweet + Sour Sauce

Cut

Carrots, Peppers + onion in Chunks

Put in pot. Then Chicken then

Sauce then pineapple. Cook

on Low for 8 or 9 hours.

Serve with
Rice



SHASTA DAM BLVD.

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* Take chicken out
add 2 tablespoons of
corn starch mixed with
water & mix into sauce to
thicken.

